



## REVIEW ARTICLE

# Emerging roles and potential clinical applications of translatable circular RNAs in cancer and other human diseases

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## KEYWORDS

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**Abstract** Circular RNAs (circRNAs) are a special class of single-stranded RNA molecules with covalently closed loops widely expressed in eukaryotic organisms. CircRNAs have long been considered to play important roles in various physiological and pathological processes as non-coding RNAs. However, circRNAs have recently garnered considerable attention due to their ability to be translated into peptides/proteins via internal ribosome entry site- or N6-methyladenosine-mediated pathways or rolling translation mechanisms. Furthermore, dysregulation of translatable circRNAs and their encoded proteins has been associated with developing and progressing diseases such as cancer. This review aims to summarize the driving mechanisms of circRNA translation and the available strategies in circRNA translation research. The main focus is on the emerging biological functions of translatable circRNAs, their

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regulatory mechanisms, and potential clinical applications in human diseases to provide new perspectives on disease diagnosis, prognosis, and targeted therapy.

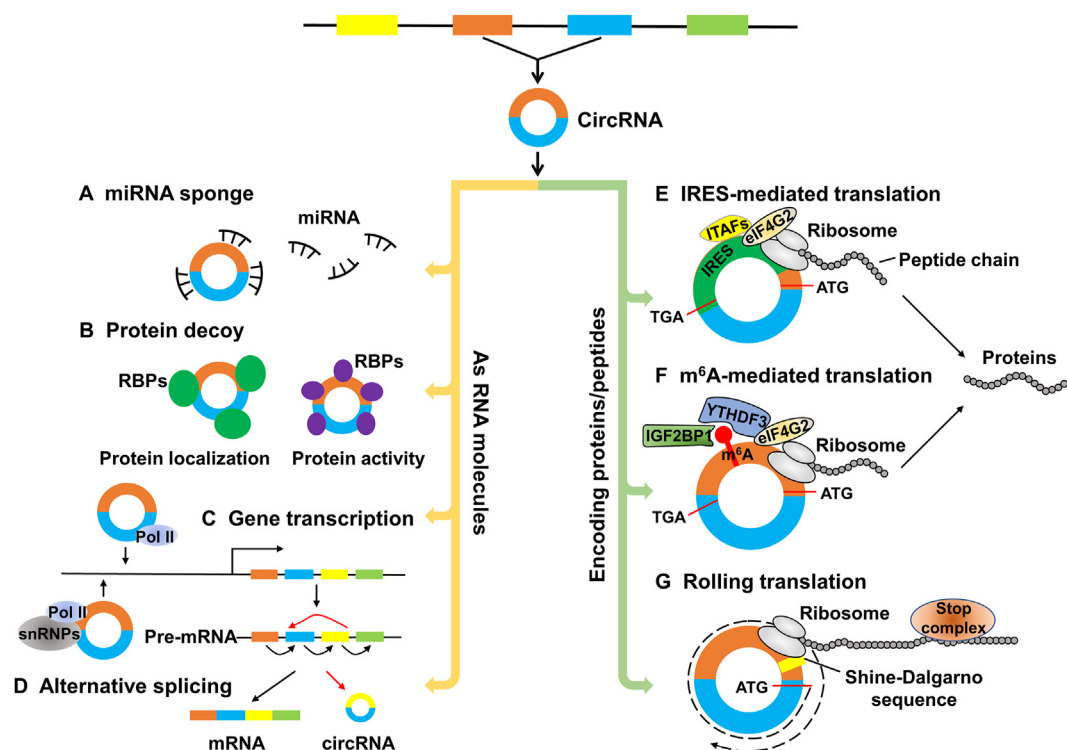
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## Introduction

Circular RNAs (circRNAs) are a special class of non-coding RNAs widely present in eukaryotic cells and conserved among different species.<sup>1,2</sup> In contrast to traditional linear RNAs, circRNAs have a closed continuous loop structure lacking terminal 5' caps and 3' polyadenylated tail.<sup>3</sup> CircRNAs are generally expressed at low levels.<sup>1,4,5</sup> Therefore, since the first circRNAs were discovered in RNA viruses in 1976,<sup>6,7</sup> they have long been considered accidental byproducts or 'splicing noise' with little functional potential.<sup>8</sup> However, thousands of circRNAs have been discovered recently using high-throughput RNA sequencing (RNA-seq)

technology and bioinformatics approaches.<sup>9</sup> An increasing number of studies have confirmed multiple biological functions of circRNAs. For instance, circRNAs can act as miRNA sponges or competing endogenous RNAs to combine with miRNA and influence tumorigenesis and metastasis in multiple cancers (Fig. 1A). CircRNAs can also function as protein decoys to regulate their localization and activity<sup>10–13</sup> (Fig. 1B). Additionally, circRNAs can regulate gene transcription or alternative splicing by interacting with RNA polymerase II complex and snRNPs<sup>14,15</sup> (Fig. 1C, D).

In addition to their RNA-based regulatory functions, substantial evidence has revealed that circRNAs can be translated into proteins or peptides.<sup>16–20</sup> For example,



**Figure 1** The functions and translation mechanisms of circRNAs. (A–D) circRNAs, as RNA molecules, regulate miRNA functions as miRNA sponge (A), protein localization and activity as protein decoy (B), gene transcription (C), and alternative splicing (D). (E–G) circRNAs exert their functions by encoding proteins or peptides through cap-independent mechanisms. (E) IRES-mediated translation. eIF4G2 recognizes and binds IRES on circRNA to recruit ribosomes and initiate translation with the assistance of IRES-transacting factors (ITAFs). (F) m<sup>6</sup>A-mediated translation. YTH domain family protein 3 (YTHDF3) or insulin-like growth factor 2 mRNA binding protein 1 (IGF2BP1) recognizes m<sup>6</sup>A modified circRNA and recruits eIF4G2 to m<sup>6</sup>A to initiate the translation. (G) Rolling translation. CircRNA containing an infinite ORF and start codon (ATG) enables continuous translation. The ribosomal-binding Shine–Dalgarno (SD) sequence on circRNA is associated with the rolling translation initiation, and a stop complex system named “programmed-1 ribosomal frameshifting (-1PRF)-mediated out-of-frame stop codon” can terminate rolling translation in certain natural circRNAs. IRES, internal ribosome entry sites; m<sup>6</sup>A, N6-methyladenosine; RBPs, RNA-binding proteins; Pol II, polymerase II; snRNP, small nuclear ribonucleoprotein.

circMbl3 was first found to be able to undergo translation by Pamudurti et al in 2017.<sup>19</sup> Following this study, more and more endogenous circRNAs were reported to achieve cap-independent protein translation through the internal ribosome entry site (IRES), N<sup>6</sup>-methyladenosine (m<sup>6</sup>A), or a unique rolling circle amplification (RCA) method<sup>18,21,22</sup> (Fig. 1E–G). Some translatable circRNAs and their encoded proteins have been reported to play important biological functions in human diseases, especially cancers.<sup>23–26</sup> Current research demonstrates that these circRNAs and their encoded proteins are promising biomarkers for human cancer diagnosis, prognosis, and predictive and therapeutic targets.

In this article, we review the latest mechanisms that drive circRNA translation. Moreover, we discuss the biological functions and mechanisms of translatable circRNAs in cancer and other human diseases and their potential clinical applications for cancer diagnosis, prognosis, and targeted therapy. Finally, we summarize the available strategies involved in circRNA translation research, including methods and tools available to predict the coding potential of circRNAs, identify their translation products and study the function of these novel proteins/peptides.

## The mechanisms driving circRNA translation

### IRES-dependent translation of circRNAs

IRESs are the regulatory RNA elements that can recruit ribosomes to initiate protein translation independent of the 5' cap structure.<sup>27</sup> IRES elements were initially discovered in the viruses of the Picornaviridae family.<sup>28,29</sup> Subsequently, some works have reported that IRES elements were also widely distributed in the sequences of eukaryotic mRNAs.<sup>30,31</sup> These IRESs can be recognized and bonded by eukaryotic translation initiation factor 4G (eIF4G2). Furthermore, eIF4G2 promotes ribosome assembly and initiates translation with assistance from IRES-transacting factors (ITAFs)<sup>32,33</sup> (Fig. 1E).

IRES-dependent translation initiation is a widely accepted mechanism of circRNA translation.<sup>19,34</sup> Indeed, an earlier study has found that *in vitro* synthesized circRNA with an IRES element can recruit ribosomes and undergo translation.<sup>21</sup> This confirms that circRNAs can be translated in an IRES-mediated manner. Until recently, several studies have revealed that circRNAs containing IRES can also be translated *in vivo*.<sup>19,35,36</sup> For example, Pamudurti et al found that endogenous circMbl was translated into a small protein in an IRES-dependent manner.<sup>19</sup> Other circRNAs with ORFs (open reading frames) and IRESs upstream were later reported to be effectively translated by this mechanism in various human diseases (Table 1).

Most studies have tested that IRES element is active enough to initiate circRNA translation. Several mechanistic questions remain to be answered. For example, how is IRES-dependent circRNA translation regulated? Only a study by Legnini et al reported that the untranslated regions of circ-ZNF609 could enhance IRES-dependent translation by improving IRES activity.<sup>35</sup> Furthermore, Godet et al showed that most IRESs, particularly cellular IRESs, are regulated by ITAFs, exerting their action by at least nine different

mechanisms.<sup>33</sup> This raises the question of which mechanisms regulate the translation initiation of circRNAs.

Interestingly, recent studies have found that many short IRES-like elements are significantly enriched in endogenous circRNAs and capable of driving the cap-independent translation of circRNAs.<sup>37–39</sup> Any circRNAs sequences longer than 50-nt are expected to contain a short IRES-like element by chance,<sup>37–39</sup> implying that the cap-independent translation of circRNAs driven by short IRES-like elements is pervasive in human cells. Moreover, Fan et al identified that certain RNA binding proteins can specifically recognize these short IRES-like elements and function as a trans-acting factor to promote cap-independent translation of circRNAs, providing a new mechanism for circRNA translation initiation.<sup>37</sup>

### m<sup>6</sup>A-dependent translation of circRNAs

In addition to the IRES-dependent pathway, the translation of circRNAs can be driven by m<sup>6</sup>A modification. m<sup>6</sup>A is the most common and reversible RNA modification in eukaryotic cells.<sup>40,41</sup> It has been reported that m<sup>6</sup>A plays a critical and multifaceted role in regulating mRNA translation. Meyer et al found that m<sup>6</sup>A in 5' UTRs (untranslated regions) can initiate cap-independent translation.<sup>42</sup> Wang et al showed that the m<sup>6</sup>A increased translation efficiency in 3' UTRs.<sup>43</sup> Moreover, recent works suggested that m<sup>6</sup>A in the 5' UTR of transcripts can influence start codon selection, thereby regulating alternative translation.<sup>44,45</sup>

Previous transcriptome-wide m<sup>6</sup>A mapping revealed that the m<sup>6</sup>A-modified motifs were more enriched in circRNAs than mRNAs.<sup>46,47</sup> Given the role of m<sup>6</sup>A in mRNA translation, it is natural to speculate that m<sup>6</sup>A may play a similar function in the translation of circRNAs. To test the hypothesis, Yang et al used *in vitro* translation systems to show that a single m<sup>6</sup>A site is sufficient to initiate circRNA translation.<sup>18</sup> More importantly, when the m<sup>6</sup>A motif was mutated, circRNA translation was greatly impeded. The authors also noticed that the translation from circRNA is inhibited by m<sup>6</sup>A demethylase fat mass and obesity-associated protein and enhanced by the methyltransferases METTL3/14<sup>18</sup>. These observations confirm that the translation of circRNA can be driven by m<sup>6</sup>A modification. Moreover, a study reported that m<sup>6</sup>A had been detected and verified to be an essential motif for the translation of circE7.<sup>48</sup> In the article by Li et al, the authors reveal that circARHGAP35 exerts its oncogenic functions by translating into a protein in an m<sup>6</sup>A-dependent manner.<sup>49</sup> Recently, Duan et al indicated that circMAP3K4 also could be translated into a peptide via insulin-like growth factor 2 mRNA binding protein 1 (IGF2BP1) recognition-mediated m<sup>6</sup>A modification.<sup>26</sup> The mechanism for m<sup>6</sup>A-mediated circRNA translation is not well known but involves the m<sup>6</sup>A readers YTH domain family protein 3 (YTHDF3) and IGF2BP1, and the eIF4G2.<sup>18</sup> YTHDF3 or IGF2BP1 recognizes m<sup>6</sup>A-modified circRNAs, recruits eIF4G2 to m<sup>6</sup>A, and then eIF4G2 initiates the translation (Fig. 1F).

Although many circRNAs with m<sup>6</sup>A modification have been identified, it has not been established that all of these circRNAs with ORFs can be translated in an m<sup>6</sup>A-dependent manner. Therefore, carrying m<sup>6</sup>A modification does not

**Table 1** Overview of the translatable circRNAs and their encoded proteins/peptides reported in human diseases.

Disease	Translatable circRNAs	Expression	Encoded proteins/peptides	Driving models	Biological functions	Action mechanisms	Ref.
AD	circA $\beta$ -a	Presence in brain	A $\beta$ 175	IRES	Impact the biogenesis of amyloid beta peptides	A $\beta$ 175 can be processed to form amyloid beta peptides	<a href="#">76</a>
BCa	circGprc5a	Up	circGprc5a-peptide (11aa)	Unknown	Promote bladder cancer stem cell self-renewal and invasion	circGprc5a-peptide-Gprc5a-GPCR signaling pathway	<a href="#">72</a>
CC	HPV16circE7	Up	E7 oncoprotein-98aa	m <sup>6</sup> A	Promote cell proliferation and tumor growth	E7 oncoprotein	<a href="#">48</a>
CRC	circPPP1R12A	Up	circPPP1R12A-73aa	IRES	Promote cell proliferation, migration, invasion, tumor growth, and liver metastasis	circPPP1R12A-73aa-Hippo-YAP signaling pathway	<a href="#">55</a>
CRC	circFNDC3B	Down	circFNDC3B-218aa	IRES	Inhibit cell proliferation, invasion, migration, tumor growth, and liver metastasis	circFNDC3B-218aa-Snail-FBP1-EMT axis	<a href="#">64</a>
CRC	circMAPK14	Down	circMAPK14-175aa	IRES	Inhibit cell proliferation, migration, <i>in vivo</i> tumorigenicity, liver metastasis, and lung metastasis	circMAPK14-175aa-MKK6-MAPK14-FOXO1 axis	<a href="#">66</a>
CRC	hsa_circ_0006401	Up	hsa_circ_0006401 peptide (198aa)	Unknown	Promote cell proliferation, migration, tumor growth, and liver metastasis; inhibit cell apoptosis	hsa_circ_0006401-peptide-COL6A3	<a href="#">56</a>
CRC	circPLCE1	Down	circPLCE1-411	IRES	Inhibit cell proliferation, migration, tumor growth, and liver metastasis	circPLCE1-411-HSP90 $\alpha$ -RPS3-NF- $\kappa$ B signaling	<a href="#">65</a>
CHD	circNlgn	Up	Nlgn173	Unknown	Increase fibroblast cell cycle and collagen deposition; induce cardiac fibrosis in transgenic mice	Nlgn173-LaminB1-SGK3 and ING4 axis	<a href="#">77</a>
DMD	circZNF609	Up	Unknown	IRES	Regulate myoblast proliferation	Unknown	<a href="#">35</a>
GC	circDIDO1	Down	DIDO1-529aa	Unknown	Inhibit cell proliferation, migration, invasion, tumor growth, and liver metastasis; promote cell apoptosis	DIDO1-529aa-PARP1 axis and circDIDO1-RBX1-PRDX2 pathways	<a href="#">69</a>
GC	circMAPK1	Down	MAPK1-109aa	IRES	Inhibit cell proliferation, migration, tumor growth, and lung metastasis	MAPK1-109aa-MEK1-MAPK pathway	<a href="#">68</a>
GC	circCOL6A3_030	Up	circCOL6A3_030_198aa	Unknown	Promote cell migration and liver metastasis	circCOL6A3_030_198aa	<a href="#">78</a>
GC	circAXIN1	Up	AXIN1-295aa	IRES	Enhance cell proliferation, migration, invasion, <i>in vivo</i>	AXIN1-295aa-APC-Wnt signaling pathway	<a href="#">57</a>

(continued on next page)

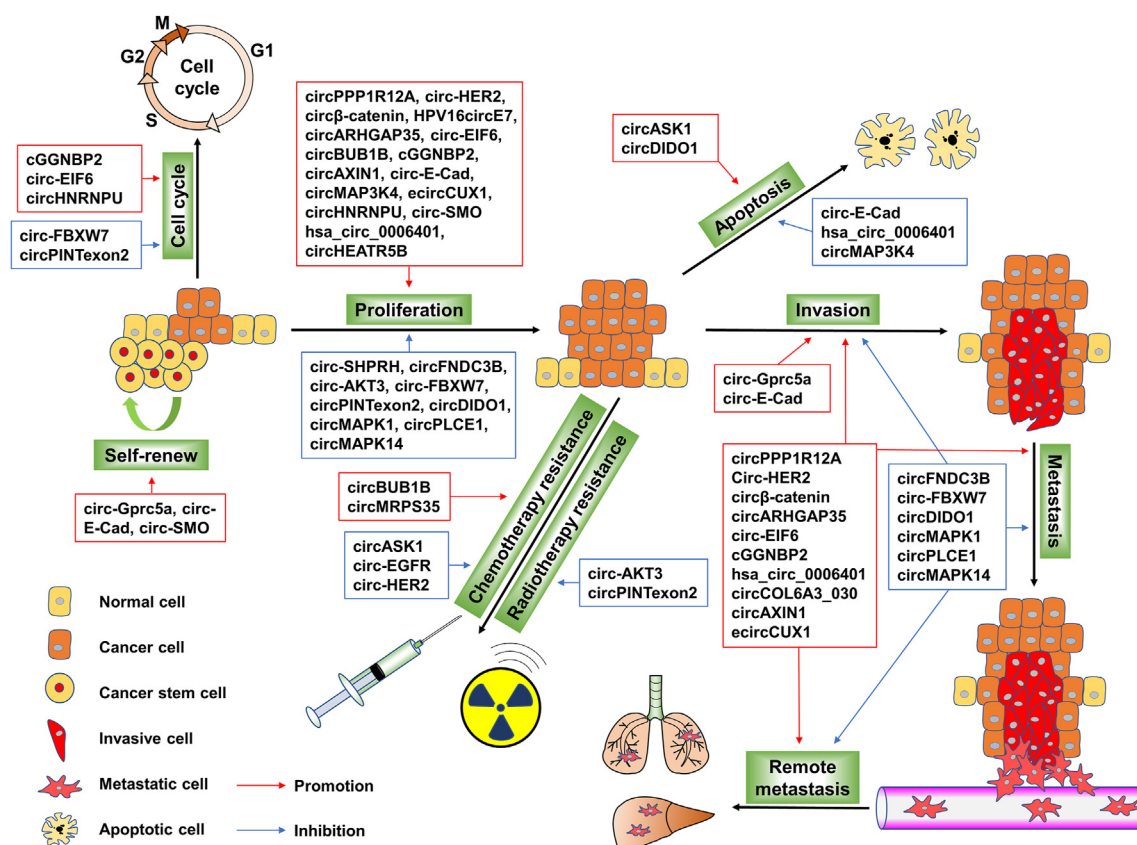
Table 1 (continued)

Disease	Translatable circRNAs	Expression	Encoded proteins/peptides	Driving models	Biological functions	Action mechanisms	Ref.
GBM	circ-SHPRH	Down	SHPRH-146aa	IRES	tumorigenesis, and lung metastasis Inhibit cell proliferation and <i>in vivo</i> tumorigenicity	SHPRH-146aa-SHPRH-PCNA axis	36
GBM	circ-AKT3	Down	AKT3-174aa	IRES	Inhibit cell proliferation, radiation resistance, and <i>in vivo</i> tumorigenicity	AKT3-174aa/p-PDK1-PI3K-AKT pathway	71
GBM	circ-FBXW7	Down	FBXW7-185aa	IRES	Induce cell cycle arrest and reduce cell proliferation	FBXW7-185aa-USP28-FBXW7 $\alpha$ -c-Myc axis	67
GBM	circPINTexon2	Down	PINT87aa	IRES	Inhibit cell proliferation, induce G1 arrest, and enhance IR sensitivity	PINT87aa-PAF1 complex	17
GBM	circ-SMO	Up	SMO-193a.a.	IRES	Promote the self-renewal, proliferation, and tumorigenicity of brain cancer stem cells	Shh-Gli1-FUS-SMO-193a.a.-Hedgehog signaling	58
GBM	circ-E-Cad	Up	C-E-Cad	IRES	Promote glioma stem cell self-renewal, sphere-forming frequency, proliferation, invasion, anti-apoptosis, and senescence resistance	C-E-Cad-EGFR-STAT3 signaling	59
GBM	circ-EGFR	Up	rtEGFR	RCA	Promote tumorigenicity and sensitivity to nimotuzumab	rtEGFR-EGFR signaling	22
GBM	circHEATR5B	Down	HEATR5B-881aa	IRES	Inhibit the glycolysis, cell proliferation, and tumor growth	HEATR5B-881aa-JMJD5-PKM2 pathway	24
HCC	circARHGAP35	Up	circARHGAP35-protein	m <sup>6</sup> A	Promote tumor cell growth, migration, invasion, and lung metastasis	circARHGAP35 protein-TFII-I	49
HCC	circMRPS35	Up	circMRPS35-168aa	IRES	Promote cisplatin resistance	circMRPS35-168aa	70
HCC	circMAP3K4	Up	circMAP3K4-455aa	m <sup>6</sup> A	Promote cell growth, and inhibit cisplatin-induced apoptosis	MIB1-circMAP3K4-455aa-AIF axis	26
HCC	circ $\beta$ -catenin	Up	$\beta$ -catenin-370aa	IRES	Promote cell growth and migration, <i>in vivo</i> tumorigenesis, and liver metastasis	$\beta$ -catenin-370aa-GSK3 $\beta$ - $\beta$ -catenin-Wnt pathway	16
ICC	cGGBNP2	Up	cGGBNP2-184aa	IRES	Promote cell proliferation, invasion, cell cycle, tumor growth, and lung metastasis	cGGBNP2-184aa-IL-6-STAT3 signaling	60

LUAD	circASK1	Down	ASK1-272aa	IRES	Enhance gefitinib sensitivity and gefitinib-induced apoptosis	ASK1-272aa-Akt1-ASK1-JNK-p38 signaling pathway	50
MM	circBUB1B	Up	circBUB1B_544aa	IRES	Promote cell growth and drug resistance; influence the counterpart cells in the bone marrow microenvironment	Evoke CIN through CEP170 activation	61
MM	circCHEK1	Up	circCHEK1_246aa	IRES	Induce CIN and promote osteoclast differentiation	circCHEK1_246aa-CEP170	75
MM	circHNRNPU	Up	circHNRNPU_603aa	IRES	Promote cell proliferation and clonal expansion	circHNRNPU_603aa-SKP2-c-Myc axis	62
NB	ecircCUX1	Up	p113	IRES	Promote cell lipid metabolic reprogramming, mitochondrial activity, proliferation, invasion, and lung metastasis	p113-ZRF1-BRD4 axis	63
TNBC	circ-HER2	Up	HER2-103	IRES	Promote cell proliferation, invasion, <i>in vivo</i> tumorigenesis, lung metastasis, and sensitivity to Pertuzumab	HER2-103-EGFR-HER3-AKT signaling pathway	53
TNBC	circ-FBXW7	Down	FBXW7-185aa	IRES	Inhibit cell proliferation and migration	FBXW7-185aa-USP28-FBXW7 $\alpha$ -c-Myc axis	109
TNBC	circ-EIF6	Up	EIF6-224aa	IRES	Promote cell proliferation, cell cycle, migration, invasion, tumor growth, and lung metastasis	EIF6-224aa-MYH9-Wnt/ $\beta$ -catenin pathway	54

Abbreviations: AD, Alzheimer's disease; BCa, bladder cancer; CC, cervical cancer; CIN, chromosomal instability; CRC, colorectal cancer/carcinoma; CHD, congenital heart defects; DMD, Duchenne muscular dystrophy; GC, gastric cancer; GBM, glioblastoma; HCC, hepatocellular carcinoma; ICC, intrahepatic cholangiocarcinoma; IRES, internal ribosome entry site; LUAD, lung adenocarcinoma; m<sup>6</sup>A, N<sup>6</sup>-methyladenosine; MM, multiple myeloma; NB, neuroblastoma; RCA, rolling circle amplification; TNBC, triple-negative breast cancer.





**Figure 2** Summary of roles of translatable circRNAs in human cancers. Translatable circRNAs play important roles in regulating cell proliferation, migration, invasion, metastasis, apoptosis, cell cycle, drug/radiation resistance, and cancer cell stemness via translation into proteins/peptides. Certain translatable circRNAs tend to affect cancer progression by regulating multiple biological processes.

necessarily mean the translation initiation of circRNAs is dependent on them. For example, Wang et al identified a novel protein (ASK1-272a.a) encoded by *circASK1* and several m<sup>6</sup>A sites in *circASK1*. Nevertheless, they suggested that the m<sup>6</sup>A modification of *circASK1* is responsible for its downregulation in gefitinib-resistant cells instead of its translation initiation.<sup>50</sup>

### Rolling translation of circRNAs

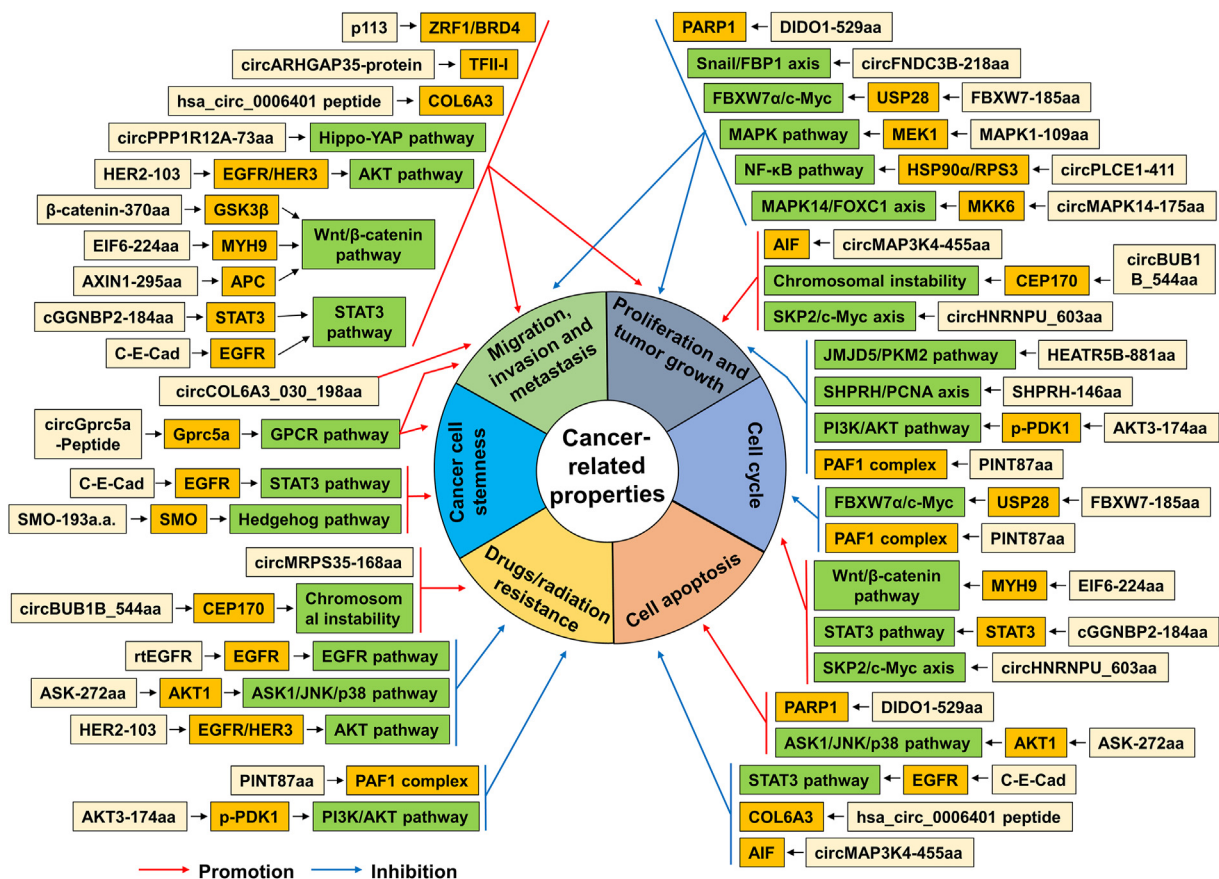
Another important mechanism, called “rolling translation”, drives circRNA translation like DNA rolling circle amplification. Some researchers have demonstrated that circRNAs harboring an infinite ORF and start codon ATG can efficiently translate into proteins in this RCA mechanism.<sup>22,51,52</sup> For example, Abe and co-authors reported that synthesized circRNAs are efficiently translated by an RCA mechanism in both cell-free translation systems and living human cells.<sup>51,52</sup> Moreover, Liu et al found that *circ-EGFR* could encode a polymetric protein complex termed rEGFR (rolling-translated EGFR) through a rolling translation mechanism in glioblastoma, indicating the rolling translation of circRNA also exists endogenously *in vivo*.<sup>22</sup> The mechanism for circRNA rolling translation is not well known but involves the ribosomal-binding Shine–Dalgarno (SD) sequence and a “stop complex”. The ribosomal-binding SD sequence in

circRNA was reported to recruit ribosomes and initiate translation.<sup>52</sup> Liu et al revealed that the rolling translation of *circ-EGFR* can be terminated by a stop complex system named “programmed-1 ribosomal frameshifting” (-1PRF)-mediated out-of-frame stop codon” (Fig. 1G).

In summary, it has been demonstrated that IRES- and m<sup>6</sup>A-mediated translation initiation and rolling translation are important mechanisms for circRNA translation (Fig. 1E–G). However, the current understanding of the translation mechanism of circRNAs is still unsatisfactory.

### Roles of translatable circRNAs in cancer

Translatable circRNA disorders are common in human cancers, and the dysregulation of their encoded proteins/peptides is closely associated with the occurrence and progression of cancers. Specifically, translatable circRNAs play important roles in regulating cell proliferation, migration, invasion, metastasis, apoptosis, cell cycle, drug/radiation resistance, and cancer cell stemness by translating into proteins/peptides (depicted and summarized in Fig. 2). Moreover, it has been reported that circRNA-encoded proteins/peptides exert the above-mentioned functions by directly or indirectly regulating the functional proteins or cancer-related signaling pathways (Fig. 3). The



**Figure 3** Regulatory mechanisms of circRNA-encoded proteins/peptides in cancer-related biological processes. circRNA-encoded proteins/peptides can affect cell proliferation, migration, invasion, metastasis, apoptosis, cell cycle, drug/radiation resistance, and cancer cell stemness by regulating functional proteins or cancer-related signaling pathways directly or indirectly.

biological functions and mechanisms of translatable circRNAs in cancer are also summarized in Table 1.

### Modulating cell proliferation and tumor growth

Major translatable circRNAs identified in human cancers are reported to regulate cell proliferation. The upregulated expression of translatable circRNAs in breast cancer (circ-HER2 and circ-EIF6),<sup>53,54</sup> cervical cancer (HPV16circE7),<sup>48</sup> colon cancer (circPPP1R12A and hsa\_circ\_0006401),<sup>55,56</sup> gastric cancer (circAXIN1),<sup>57</sup> glioblastoma (circ-SMO and circ-E-Cad),<sup>58,59</sup> intrahepatic cholangiocarcinoma (cGGBNP2),<sup>60</sup> liver cancer (circβ-catenin and circARHGAP35),<sup>16,49</sup> multiple myeloma (circBUB1B and circHNRNP60),<sup>61,62</sup> or neuroblastoma (ecircCUX1)<sup>63</sup> were found to promote cancer cell proliferation both *in vitro* and *in vivo*. In-depth studies revealed that these circRNAs could effectively translate into detectable proteins/peptides, promoting cancer cell proliferation via diverse pathways (Fig. 3). For example, Li et al showed that the protein EIF6-224aa encoded by circ-EIF6 promoted the proliferation of breast cancer cells by stabilizing myosin heavy chain 9 (MYH9) and activating the Wnt/β-catenin pathway.<sup>54</sup> Likewise, β-catenin-370aa promoted the growth of liver cancer cells, and AXIN1-295aa promoted the

proliferation of gastric cancer cells by activating the Wnt/β-catenin pathway.<sup>16,57</sup> The signal transducers and activators of the transduction 3 (STAT3) pathway is a key signaling cascade associated with cancer progression. cGGBNP2-184aa activated the STAT3 pathway by interacting with STAT3, thus promoting intrahepatic cholangiocarcinoma cell proliferation and metastasis *in vitro* and *in vivo*.<sup>60</sup> C-E-Cad promotes glioma stem cell proliferation and invasion by activating epidermal growth factor receptor (EGFR)—STAT3 signaling.<sup>59</sup> In addition, circRNA-encoded proteins can exert their functions in cell proliferation by interacting with other functional proteins. Yang et al demonstrated that p113, a protein encoded by ecircCUX1, promotes neuroblastoma cell growth by forming a transcriptional regulatory complex with zotin-related factor 1 (ZRF1) and bromodomain protein 4 (BRD4).<sup>63</sup>

Several translatable circRNAs were found to be down-regulated in cancer cells and tissues, such as circ-FBXW7 in breast cancer, circFNDC3B in colon cancer, and circDIDO1 in gastric cancer, among others (Table 1). Ectopic over-expression of these circRNAs inhibited cell proliferation and tumor growth. Furthermore, studies have reported that these circRNAs encode proteins/peptides to inhibit cancer cell proliferation and growth via different pathways (Fig. 3). For example, the novel proteins encoded by circFNDC3B, circPLCE1, and circMAPK14 can inhibit the



proliferation of colon cancer cells.<sup>64–66</sup> Mechanically, the protein circFNDC3B-218aa can regulate the expression of Snail and fructose-bisphosphatase 1 (FBP1).<sup>64</sup> circPLCE1-411 can bind to the HSP90 $\alpha$ /RPS3 complex to inhibit NF- $\kappa$ B signaling. Whereas circMAPK14-175aa can competitively bind to MAP kinase kinase 6 (MKK6) to repress MAPK14 phosphorylation, thereby promoting the degradation of forkhead box C1 (FOXC1) via ubiquitination.<sup>66</sup> Likewise, studies found that circ-SHPRH, circ-AKT3, circPINTexon2, and circHEATR5B can encode novel proteins in glioblastoma and inhibit the proliferation of glioblastoma cells via different pathways (Fig. 3).

### Affecting cell migration, invasion, and metastasis

Regulation of translatable circRNAs expression, in different cancer cells, not only affected their proliferative capacity but also their migratory and invasive abilities. High expression of translatable circRNAs significantly contributed to the capacity for cell migration and invasions in many cancers, such as circ-EIF6 in breast cancer,<sup>54</sup> circPPP1R12A in colon cancer,<sup>55</sup> and circAXIN1 in gastric cancer,<sup>57</sup> among others (Table 1). Conversely, circ-FBXW7, circFNDC3B, circPLCE1, circMAPK14, circDIDO1, and circMAPK1 appeared to be downregulated in cancer cells and tissues. Overexpression of these circRNAs markedly inhibited the migration and invasion of cancer cells.<sup>64–69</sup>

Certain translatable circRNAs also play pivotal roles in regulating tumor metastasis *in vivo*. Most studies used a metastasis animal model created by injecting cancer cells through the tail vein to assess the effects of these circRNAs on tumor metastasis. For example, the injection of cancer cells with circPPP1R12A knockdown into the tail veins of nude mice suppressed tumor liver metastasis compared to those injected with control cells.<sup>55</sup> Similarly, downregulation of circ-HER2, circ-EIF6, circAXIN1, cGGBP2, circ $\beta$ -catenin, circARHGAP35, or circCUX1 significantly inhibited tumor lung metastasis.<sup>16,49,53,54,57,60,63</sup> On the contrary, a few translatable circRNAs were shown to have tumor-suppressive effects. circFNDC3B, circPLCE1, circMAPK14, circDIDO1, and circMAPK1 were downregulated in cancer cells, and ectopic overexpression of these circRNAs was able to inhibit tumor metastasis *in vivo*.<sup>64–66,68,69</sup> The mechanisms by which the above-mentioned translatable circRNAs regulate cancer cell migration, invasion, and metastasis have also been studied. As revealed in Fig. 3, the functional proteins or signaling pathways regulated by circRNA-encoded proteins affect cancer cell proliferation and regulate cancer cell migration, invasion, and metastasis.

### Regulating cell cycle and apoptosis

It is well known that dysregulation of the cell cycle and apoptosis play an important role in cancer development and progression. Recently, five translatable circRNAs, cGGBP2, circ-EIF6, circHNRNP, circ-FBXW7, and circPINTexon2, were involved in the cell cycle progression of cancer cells. Li et al exhibited that cGGBP2 encodes a novel protein cGGBP2-184aa to promote the cell cycle progression of intrahepatic cholangiocarcinoma cells.<sup>60</sup>

Similarly, circHNRNP encodes a novel protein circHNRNP-PU\_603aa, which promotes cell cycle progression in multiple myeloma.<sup>62</sup> Circ-EIF6 was significantly overexpressed in breast cancer and may promote cell cycle progression by encoding the novel EIF6-224aa peptide.<sup>54</sup> On the contrary, circ-FBXW7 and circPINTexon2 stably overexpressing glioblastoma cells exhibited a massive G1 phase arrest compared with their control cells.<sup>17,67</sup> As shown in Fig. 3, the mechanisms of these translatable circRNAs exerting functions in cell cycle progression have also been studied.

Regarding cell apoptosis, circMAP3K4, circASK1, circDIDO1, circ-E-Cad, and hsa\_circ\_0006401 have been associated with the apoptotic process of cancer cells. Specifically, circMAP3K4 encodes a protein circMAP3K4-455aa, which can prevent cisplatin-induced apoptosis in hepatocellular carcinoma cells by interacting with apoptosis-inducing factor mitochondria associated 1 (AIF).<sup>26</sup> CircASK1 was downregulated in gefitinib-resistant lung adenocarcinoma cells and could strongly inhibit gefitinib-induced cell apoptosis. Mechanically, circASK1 encodes a novel protein ASK1-272aa to activate apoptosis signal-regulating kinase 1 (ASK1)-mediated apoptotic signaling pathway by competitively binding to Akt1.<sup>50</sup> CircDIDO1 overexpression significantly promoted gastric cancer cell apoptosis, whereas circDIDO1 knockdown had the opposite effect, as evaluated by assessing the levels of cleaved caspase 3 and cleaved PARP1.<sup>69</sup> Besides, Gao et al reported that circ-E-Cad could decrease cell apoptosis rates of glioma stem cells through its encoded protein.<sup>59</sup> Finally, Hsa\_circ\_0006401 was upregulated in colorectal cancer cells and tissues and could significantly inhibit the apoptotic process of colorectal cancer cells.<sup>56</sup>

### Regulating resistance to therapeutic drugs or radiation

Chemotherapy and radiotherapy are critical cancer treatment strategies, usually administered as preoperative adjuvant or postoperative therapy. Several translatable circRNAs have been reported to play vital roles in drug or radiation resistance (Fig. 2). CircASK1, circ-HER2, circ-EGFR, circBUB1B, and circMRPS35 were associated with drug resistance in different human cancers. CircASK1 enhanced the gefitinib sensitivity of lung adenocarcinoma cells through encoding a novel protein ASK1-272aa, which exerts its function by activating ASK1-dependent apoptosis.<sup>50</sup> Likewise, circHER2 can increase the sensitivity of triple-negative breast cancer cells to Pertuzumab via translation into a novel protein HER2-103.<sup>53</sup> Liu et al reported that rolling-translated EGFR (rtEGFR) is a polymetric protein complex translated from circ-EGFR. rtEGFR deprivation sensitizes brain tumor-initiating cells to nimotuzumab.<sup>22</sup> Tang et al discovered that circBUB1B was significantly upregulated in multiple myeloma and could promote resistance to Bortezomib and Adriamycin in multiple myeloma cells.<sup>61</sup> Mechanically, a novel protein (circBUB1B\_544aa) encoded by circBUB1B could induce chromosomal instability in multiple myeloma cells by activating CEP170, leading to multiple myeloma drug resistance. In addition, Li et al demonstrated that circMRPS35

encodes a novel peptide (circMRPS35-168aa) upon chemotherapeutic drug treatments, which increased the resistance of hepatocellular carcinoma cells to cisplatin.<sup>70</sup>

Radiation resistance is also one of the major issues related to treatment failure in patients with malignant tumors. However, the mechanism by which cancer cells become resistant to radiation remains unclear. Recently, two novel circRNA-encoded proteins, AKT3-174aa (encoded by circ-AKT3)<sup>71</sup> and PINT87aa (encoded by circPINTexon2),<sup>17</sup> were identified as important factors that may be responsible for the resistance to radiation in glioblastoma cells. In glioblastoma cells, AKT3-174aa and PINT87aa were down-regulated, and overexpression of the two proteins increased glioblastoma cell sensitivity to radiation. Xia et al further demonstrated that AKT3-174aa inhibits the radiation resistance of glioblastoma cells through binding to phosphorylated pyruvate dehydrogenase kinase 1 (p-PDK1) and thus negatively modulating PI3K/AKT signal intensity.<sup>71</sup> In addition, Zhang et al revealed that PINT87aa might contribute to glioblastoma cells' radiation sensitivity by interacting with the polymerase-associated factor 1 (PAF1) complex and blocking cell cycle progression.<sup>17</sup>

### Maintaining the stemness of cancer cells

Translatable circRNAs also affect cancer cell stemness. For example, Wu et al revealed that circ-SMO encodes a novel protein SMO-193a.a. to maintain brain CSC self-renewal via activating Hedgehog signaling. Similarly, Gao et al reported that circ-E-Cad enhanced the stemness properties of glioma stem cells by encoding a protein C-E-Cad, which has been shown to activate EGFR-STAT3 signaling.<sup>59</sup> Furthermore, circGprc5a was significantly upregulated in bladder CSCs, mechanically through its involvement in the circGprc5a-Peptide-Gprc5a axis, which drives bladder CSC self-renewal.<sup>72</sup>

### Other potential emerging functions

It is known that the tumor microenvironment (TME) is vital to the progression, metastasis, and treatment of cancer.<sup>73,74</sup> Recent studies have reported that several translatable circRNAs or their encoded proteins can be secreted into the TME and might impact the TME. For example, Yang's research team found that multiple myeloma cells could secrete circBUB1B\_544aa, circCHEK1\_246aa, and circHNRNPU\_603aa through exosomes to interfere with various cells in the bone marrow microenvironment.<sup>61,62,75</sup> They further demonstrated that these circRNA-encoded proteins could promote multiple myeloma malignant progression and drug resistance by regulating the bone marrow microenvironment. Likewise, the novel protein C-E-Cad encoded by circ-E-Cad was also a secretory protein. It promotes glioblastoma tumorigenicity by directly interacting with EGFR and activating STAT3 signaling.<sup>59</sup>

A recent study has revealed that a new protein, p113, can promote lipid metabolic reprogramming and mitochondrial activity in neuroblastoma.<sup>63</sup> In addition, Song et al showed that a novel protein (HEATR5B-881aa) encoded by zinc finger CCHC-type and RNA-binding motif 1-induced circHEATR5B can suppress aerobic glycolysis in glioblastoma cells.<sup>24</sup>

## Roles of translatable circRNAs in other human diseases

### Alzheimer's disease

Mo et al demonstrated that circA $\beta$ -a is efficiently translated into a novel polypeptide of 175 amino acids (A $\beta$ 175) in cultured cells and the human brain. A $\beta$ 175 can be processed into amyloid-beta peptides, hinting at its potential to induce Alzheimer's disease. However, the role and mechanism of A $\beta$ 175 in Alzheimer's disease have not been investigated.<sup>76</sup>

### Congenital heart defects

Du et al found that circNlgn is highly expressed in the myocardium of patients with fibrotic heart disease. A novel peptide of 173 amino acids (Nlgn173) translated by circNlgn can function as a transcription factor to promote cardiac remodeling and heart failure.<sup>77</sup> Mechanically, Nlgn173 can bind and activate ING4 (inhibitor of growth protein 4) and SGK3 (glucocorticoid-inducible kinase-3) promoters.

### Duchenne muscular dystrophy

Circ-ZNF609 is strongly expressed in human myoblasts with Duchenne muscular dystrophy, and its translated peptide is implicated in myoblast proliferation.<sup>35</sup> However, the mechanism is still not clear.

## Potential clinical applications of translatable circRNAs in cancer

Translatable circRNAs play critical roles in various cancers, and research into their functions and mechanisms suggest promising clinical applications. Based on current research, translatable circRNAs and their encoded proteins might serve as potential diagnostic markers, prognostic markers, predictive markers, or therapeutic targets (Table 2).

### Translatable circRNAs as diagnostic biomarkers

Four translatable circRNAs exhibited distinctive expression patterns in cancer tissues compared with normal tissues and have been reported to have diagnostic values. Hsa circ 0006401 was significantly upregulated in colorectal cancer tissues compared to corresponding para tumor tissues, and its diagnostic value was determined using receiver operating characteristic (ROC) curve analysis.<sup>56</sup> Hsa\_circ\_0006401 could identify colorectal cancer patients among healthy individuals with an area under the ROC curve (AUC) value of 0.77. Similarly, ROC analysis showed that circMRPS35 exhibited excellent diagnostic ability in discriminating between hepatocellular carcinoma patients and normal individuals (AUC = 0.8147).<sup>70</sup> In addition, the expression level of circAXIN1 was significantly higher in gastric cancer tissues than the normal control and was associated with advanced tumor stage and lymph node metastasis of gastric cancer. The AUC for circAXIN1

**Table 2** The potential clinical applications of translatable circRNAs and their encoded proteins in various cancers.

Translatable circRNAs or their encoded proteins	Cancer types	Sample size/type	Clinical applications				Ref.
			Diagnostic biomarker	Prognostic biomarker	Predictive biomarker	Therapeutic target	
<b>circ-Gprc5a</b>	BCa	59/tissue	—	Predict survival time	Predict clinical severity and metastasis	Intratumoral injection of circGprc5a antisense oligos impaired tumor growth	<a href="#">72</a>
<b>circPPP1R12A</b>	CRC	100/tissue	—	Independent prognostic factor for OS	Predict advanced clinical stage	—	<a href="#">55</a>
<b>circFNDC3B</b>	CRC	87/tissue	—	Independent prognostic factor for OS	Predict lymphatic metastasis	—	<a href="#">64</a>
<b>circMAPK14</b>	CRC	72/tissue	—	Predict OS	Predict advanced clinical stage and lymphatic metastasis	—	<a href="#">66</a>
<b>hsa_circ_0006401</b>	CRC	12/tissue	Differentiate CRC patients from healthy individuals	—	Predict lymphatic metastasis	—	<a href="#">56</a>
<b>circPLCE1/ circPLCE1-411</b>	CRC	262/tissue; 50/ tissue	—	Predict OS	Predict advanced clinical stage	Intratumoral injection of circPLCE1 lentivirus inhibited tumor growths in two CRC PDX models	<a href="#">65</a>
<b>circDIDO1</b>	GC	102/tissue	—	Predict OS	Predict distant metastasis	—	<a href="#">69</a>
<b>circMAPK1</b>	GC	80/tissue	—	Predict OS	Predict advanced tumor stage and LNM	—	<a href="#">68</a>
<b>MAPK1-109aa</b>	GC	40/tissue	—	Predict OS	—	—	<a href="#">68</a>
<b>circCOL6A3_030</b>	GC	41/tissue	Predict LNM in GC patients	—	Predict LNM	—	<a href="#">78</a>
<b>circAXIN1</b>	GC	63/tissue	Predict LNM in GC patients	—	Predict advanced tumor stage and LNM	Cholesterol-conjugated siRNA specifically targeting circAXIN1 reduced tumor growth and lung metastasis	<a href="#">57</a>
<b>circ-FBXW7</b>	GBM	60/tissue	—	Predict OS	—	—	<a href="#">67</a>
<b>circ-SMO/SMO-193a.a.</b>	GBM	86/tissue	—	Predict OS	—	SMO-193a.a. promoted tumor formation and reduced the overall	<a href="#">58</a>

circ-EGFR	GBM	97/tissue	—	Predict OS	—	survival of tumor-bearing mice Circ-EGFR knockdown enhanced the therapeutic effect of nimotuzumab	22
AKT3-174aa	GBM	38/tissue	—	Predict OS	—	—	71
C-E-Cad	GBM	107/tissue	—	Predict OS	—	Targeting C-E-Cad enhances anti-EGFR therapy for inhibiting GSC tumorigenicity	59
SHPRH-146aa	GBM	60/tissue	—	Predict survival time	—	—	36
circARHGAP35	HCC	110/tissue	—	Predict OS, DFS, and recurrence	—	—	49
circMRPS35	HCC	35/tissue	Differentiate HCC patients from healthy individuals	—	Predict LNM and hepatitis B virus infection	—	70
circMAP3K4	HCC	112/tissue	—	Independent prognostic factor for OS and DFS	—	—	26
cGGBP2	ICC	136/tissue	—	Independent risk factor for OS and RFS	Predict more advanced tumor stage and LNM	—	60
cGGBP2-184aa	ICC	—	—	—	—	An auxiliary target for clinical IL-6/STAT3-targeting treatments	60
circASK1/ASK1-272a.a	LUAD	48 + 56/tissue	—	Predict OS and PFS	Predict the responsiveness to gefitinib treatment	—	50
circBUB1B	MM	48/blood and tissue	—	Predict inferior EFS	—	—	61
circHNRNPU p113	MM NB	48/blood 42/tissue	— —	Predict inferior EFS Predict survival probability	— Predict more aggressive clinical course	— An inhibitory peptide (ZIP-12) targeted blocking p113-ZRF1 interaction was proved efficient in suppressing NB progression	62 63
circ-HER2/HER2-103	TNBC	59/tissue	—	Predict OS	Predict the responsiveness to pertuzumab treatment	—	53

(continued on next page)

Table 2 (continued)

Translatable circRNAs or their encoded proteins	Cancer types	Sample size/type	Clinical applications		Ref.
			Diagnostic biomarker	Prognostic biomarker	Therapeutic target
circ-FBXW7	TNBC	473/tissue	—	Independent prognostic factor for OS and DFS	Predict LNM
circ-EIF6	TNBC	98/tissue	—	Independent prognostic factor for OS	Predict distant metastasis

Abbreviations: BCa, bladder cancer; CRC, colorectal cancer/carcinoma; GC, gastric cancer; GBM, glioblastoma; GSC, glioma stem cells; HCC, hepatocellular carcinoma; ICC, intrahepatic cholangiocarcinoma; LUAD, lung adenocarcinoma; MM, multiple myeloma; NB, neuroblastoma; TNBC, triple-negative breast cancer; OS, overall survival; PFS, progression-free survival; DFS, disease-free survival; RFS, relapse/recurrence-free survival; EFS, event-free survival; LNM, lymph node metastasis; PDX, patient-derived xenograft.

predicting gastric cancer lymph node metastasis was 0.72, with a cutoff value of 1.899.<sup>57</sup> Geng et al found that circ-COL6A3\_030 also yielded diagnostic ability for predicting gastric cancer lymph node metastasis (AUC = 0.675; sensitivity = 92.5%; specificity = 77.5%).<sup>78</sup>

### Translatable circRNAs and their encoded proteins as prognostic biomarkers

Twenty translatable circRNAs and seven circRNA-encoded proteins have been reported to have prognostic values for cancer patients. Their expression level can be used to predict patient survival parameters, such as overall survival (OS), disease-free survival (DFS), progression-free survival (PFS), relapse/recurrence-free survival (RFS), and event-free survival (EFS) (Table 2). The upregulated expression of translatable circRNAs in colon cancer (circPPP1R12A),<sup>55</sup> glioblastoma (circ-SMO and circ-EGFR),<sup>22,58</sup> hepatocellular carcinoma (circARHGAP35 and circMAP3K4),<sup>26,49</sup> intrahepatic cholangiocarcinoma (cGGBNP2),<sup>60</sup> and triple-negative breast cancer (circ-HER2 and circ-EIF6)<sup>53,54</sup> were reported to predict poor OS. Similarly, several down-regulated translatable circRNAs, such as circFNDC3B, circPLCE1, and circMAPK14 in colon cancer,<sup>64–66</sup> circDIDO1, and circMAPK1 in gastric cancer,<sup>68,69</sup> circ-FBXW7 in glioblastoma,<sup>67</sup> and circASK1 in lung adenocarcinoma,<sup>50</sup> have been reported to predict poor OS. Multivariate analysis using Cox proportional hazards model revealed high expression of circPPP1R12A, circMAP3K4, cGGBNP2, and circ-EIF6 and low expression of circFNDC3B and circ-FBXW7 were the independent poor prognostic factors.<sup>26,54,55,60,64,67</sup> Furthermore, Kaplan–Meier survival analysis revealed that higher circARHGAP35 and circMAP3K4 expression was associated with shorter DFS,<sup>26,49</sup> whereas lower circ-FBXW7 expression was associated with shorter DFS.<sup>67</sup> Hepatocellular carcinoma patients with high circARHGAP35 expression and intrahepatic cholangiocarcinoma patients with high cGGBNP2 expression exhibited a shorter RFS.<sup>49,60</sup> Wang et al revealed that lung adenocarcinoma patients with low circASK1 expression exhibited shorter PFS times than those with high circASK1 expression.<sup>50</sup> In addition, multiple myeloma patients with high circBUB1B and circHNRNPU expression were reported to have significantly inferior EFS survival.<sup>61,62</sup>

Multiple studies have revealed that the expression levels of circRNA-encoded proteins can also be used to predict cancer patient survival (Table 2). MAPK1-109aa was significantly downregulated in gastric cancer tissues and associated with worse OS.<sup>68</sup> Glioblastoma patients with higher SMO-193a.a and C-E-Cad or lower SHPRH-146aa and AKT3-174aa expression were reported to predict poor OS.<sup>36,58,59,71</sup> Wang et al found a lower ASK1-272a.a level predicted a shorter PFS in lung adenocarcinoma patients receiving gefitinib treatment.<sup>50</sup> In neuroblastoma patients, high p113 expression was associated with poor survival probability.<sup>63</sup>

### Translatable circRNAs and their encoded proteins as predictive biomarkers

Translatable circRNAs and their encoded proteins might be a potential predictive biomarker for cancer progression, metastasis, and therapeutic responses because their



expression levels have been reported to be significantly associated with tumor size, grade, differentiation, and stage, lymph node metastasis, distant metastasis, and responsiveness to drug treatment (Table 2). For example, a higher abundance of circPPP1R12A and a lower abundance of circMAPK14, circPLCE1, and its encoded protein circPLCE1-411 were associated with advanced clinical stages in colorectal cancer.<sup>55,65,66</sup> Elevated cGGBP2 expression was significantly associated with a more advanced tumor stage in intrahepatic cholangiocarcinoma; the expression levels of circMAPK1 and circAXIN1 were significantly correlated with tumor stage in gastric cancer.<sup>57,60,68</sup> These clinical results suggested that translatable circRNAs and their encoded proteins potentially have predictive value in cancer progression. Furthermore, in terms of metastasis, high expressions of hsa\_circ\_0006401, circCOL6A3\_030, circAXIN1, circMRPS35, cGGBP2, and circEIF6 and low expression of circFNDC3B, circMAPK14, circDIDO1, circMAPK1, and circFBXW7 were associated with positive lymph node metastasis or distant metastasis in different cancers, implying that they might act as potential predictors for cancer metastasis (Table 2). Besides, according to Wang and colleagues, ASK1-272a.a might be a biomarker for predicting the responsiveness to gefitinib treatment in patients with advanced lung adenocarcinoma.<sup>50</sup> In addition, CircHER2/HER-103 expressing triple-negative breast cancer was sensitive to Pertuzumab, indicating that they have potential values for predicting response to Pertuzumab treatment.<sup>53</sup>

### Translatable circRNAs and their encoded proteins as therapeutic targets

Accumulating studies in patient-derived xenograft (PDX) mouse models and other tumor-bearing mouse models demonstrated that several translatable circRNAs and circRNA-encoded proteins might be potential therapeutic targets for cancer. Liang et al, for example, reported that intratumoral injection of circPLCE1 or circPLCE1-411 lentivirus inhibited tumor growth in two colorectal carcinoma PDX models, implying that circPLCE1 could be a potential therapeutic target for colorectal cancer.<sup>65</sup> Similarly, Gu et al claimed that intratumoral injection of circGprc5a antisense oligos significantly suppressed the growth of bladder cancer in tumor-bearing mouse models.<sup>72</sup> Furthermore, according to Peng et al, injection of cholesterol-conjugated siRNA specifically targeting circAXIN1 to the subcutaneously formed tumors reduced tumor size in a mouse xenograft model of gastric cancer.<sup>57</sup> They also reported that a tail vein injection of circAXIN1 siRNA inhibited the lung metastasis of gastric cancer cells in nude mice. These findings suggest circAXIN1 could be a promising therapeutic target for gastric cancer.<sup>57</sup> Interestingly, Liu et al substantiated their results using a mouse xenograft intracranially planted with brain tumor-initiating cells (BTICs) and showed that the overall survival time of mouse-bearing BTICs with stable circ-EGFR knockdown was significantly prolonged after nimotuzumab treatment.<sup>22</sup>

In addition, circRNA-encoded proteins have received considerable interest for their potential as therapeutic targets (Table 2). For example, Wu et al revealed that SMO-

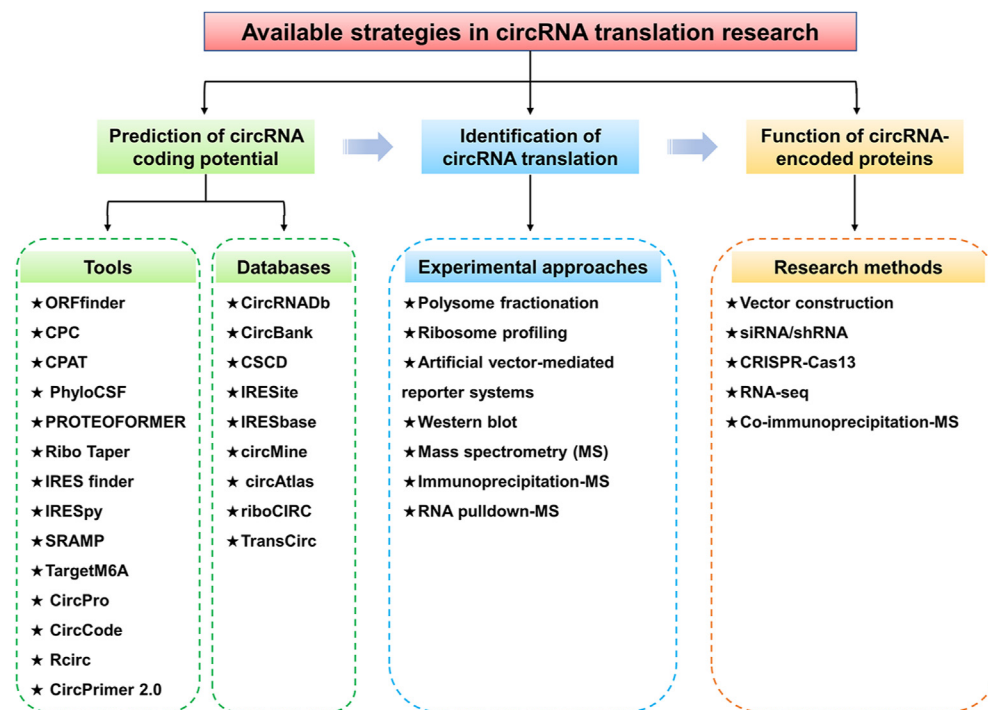
193a.a. promoted self-renewal, proliferation, and tumorigenicity of brain CSCs.<sup>58</sup> Deprivation of SMO-193a.a. in the intracranial tumor xenograft model significantly suppressed tumor formation and increased overall survival of mice bearing intracranial brain CSC xenografts, indicating that SMO-193a.a. is a promising target for glioblastoma treatment.<sup>58</sup> Likewise, Gao et al confirmed that C-E-Cad is an individual target for combined antibody treatment of glioblastoma because compared to an anti-C-E-Cad antibody or nimotuzumab treatment, a combination treatment with both markedly inhibited the growth of GSC brain tumor xenografts and increased overall survival of the xenograft-bearing mice.<sup>59</sup> Besides, Yang et al demonstrated that a novel protein (p113) encoded by ecircCUX1 could facilitate tumorigenesis and the aggressiveness of neuroblastoma (NB) cells via interacting with ZRF1 and BRD4.<sup>63</sup> Intravenous administration of an inhibitory peptide (ZIP-12) for targeted blocking of p113-ZRF1/BRD4 interaction led to fewer lung metastatic colonies and prolonged the survival time of mice treated with tail vein injection in NB cells, indicating that p113/ZRF1/BRD4 axis is a potential therapeutic target for NB progression.<sup>63</sup> Li et al revealed that cGGBP2-184aa can facilitate intrahepatic cholangiocarcinoma progression (ICC) by modulating IL-6/STAT3 signaling. Therefore, cGGBP2-184aa may serve as an auxiliary target for clinical IL-6/STAT3-targeting treatments in ICC.<sup>60</sup>

### Available strategies in circRNA translation research

In order to systematically study the translation of circRNAs, numerous research methods and tools have been developed, including bioinformatics tools for predicting circRNA coding potential, experimental approaches for circRNA translation identification, and methods for studying the function of circRNA-encoded proteins/peptides (Fig. 4).

#### Prediction of circRNA coding potential

ORFs are nucleic acid sequences beginning with the start codon (AUG in RNA) and ending with one of three stop codons (UAA, UGA, and UAG). ORFs are essential for the translation of RNAs. Therefore, ORFs in circRNA must first be identified to predict whether a circRNA can be translated into peptide/protein. Several tools and databases have been used to predict and identify the ORFs with coding potential in circRNAs. These include sequence analysis tools, methods for identifying coding ORFs, and comprehensive circRNA databases. ORF Finder<sup>79</sup> is an easy-to-use sequence analysis tool that can search for all possible ORFs in the user-provided sequence. For an RNA sequence, CPC,<sup>80,81</sup> CPAT,<sup>82</sup> and PhyloCSF<sup>83</sup> can also report the putative ORFs and coding probability. Identifying an ORF's association with ribosomes is required to assess its coding potential. PROTEOFORMER<sup>84</sup> and RiboTaper<sup>85</sup> are two methods that can identify coding ORFs based on ribosome profiling data. In addition, some comprehensive circRNA databases can be used to predict and identify ORFs with coding potential in circRNAs. For example, CircRNADb,<sup>86</sup> CircBank,<sup>87</sup> CSCD,<sup>88</sup> circAtlas,<sup>89</sup> riboCIRC,<sup>90</sup> and



**Figure 4** Strategies of circRNA translation research. These strategies include bioinformatics tools for predicting circRNA coding potential, experimental approaches for circRNA translation identification, and methods for studying the function of circRNA-encoded proteins/peptides.

TransCirc<sup>91</sup> can output ORF information and supporting evidence.

In addition to containing ORFs with coding potential, circRNAs require IRESs or m<sup>6</sup>A modifications to initiate translation. The sequences and structures of many IRESs are well-known. Therefore, many tools and databases have been used to predict IRES. For example, IRES finder<sup>92</sup> and IRESpy<sup>93</sup> are common tools that can search potential IRES sites on the sequence of circRNAs. IRESite,<sup>94</sup> IRESbase,<sup>95</sup> circMine,<sup>96</sup> circAtlas,<sup>99</sup> riboCIRC,<sup>90</sup> and TransCirc<sup>91</sup> are commonly used databases that allow evaluation of the potential IRES on circRNAs and provide experimental evidence of the IRES region. The m<sup>6</sup>A is the most abundant base modification of RNAs.<sup>18</sup> There are also numerous methods for predicting the m<sup>6</sup>A modification in circRNAs.<sup>23</sup> For example, SRAMP<sup>97</sup> and TargetM6A<sup>98</sup> are sequence-based tools to predict m<sup>6</sup>A modification sites on the circRNA sequences of interest. riboCIRC<sup>90</sup> and TransCirc<sup>91</sup> are two comprehensive databases for translatable circular RNAs, including information about m<sup>6</sup>A modification sites on circRNAs. In addition, CircPro,<sup>99</sup> CircCode,<sup>100</sup> Rcirc,<sup>101</sup> and CircPrimer 2.0<sup>102</sup> are integrated bioinformatics tools for the prediction of circRNAs with protein-coding potential.

### Experimental approaches for circRNA translation identification

In general, translatable circRNAs can bind to ribosomes for translation. Polysome fractionation and ribosome profiling can verify whether circRNAs associate with ribosomes.<sup>103,104</sup> Polysome fractionation separates polyribosomes by sucrose density gradient centrifugation. After

centrifugation, the free RNAs, proteins, and RNAs bound by different ribosomes can be separated in a sucrose solution. Then, circRNA molecules and their active ORFs in the separated solution are analyzed, and the output is used to evaluate the coding potential of circRNAs. Ribosome profiling is a reliable experimental method to sequence ribosome-protected RNA fragments. It uses nuclease to destroy the RNA fragments without ribosome coverage and sequences and analyzes the rest RNA fragments. The output can determine the exact ribosome location and density on circRNAs, ORF location, the starting codon, and other information.<sup>105,106</sup>

To explore whether the circRNA is indeed translatable, many artificial vector-mediated reporter systems have been developed to test the activity of putative ORFs, IRESs, or m<sup>6</sup>A in circRNAs. For example, a circRNA overexpressing vector with a Flag tag coding sequence immediately upstream of the stop codon of the predicted ORF can be used to test whether it is translated.<sup>55,64</sup> To better exclude the possibility that flag fusion peptides/proteins were translated from an alternative start site inside linear mRNA, another improved circRNA overexpressing vector is often used.<sup>53,54,58,67</sup> In this vector, the junction of endogenous circRNA was moved to the stop codon of the predicted ORF, and the Flag tag sequence was separated and inserted reversely on both sides. With this design, the flag fusion peptides/proteins could be produced only upon forming a circular template. Like the Flag tag, green fluorescent protein (GFP) is also a commonly used reporter gene.<sup>17</sup> In addition, several reporter systems, such as dual-luciferase reporter system,<sup>64,67,71</sup> mCherry/red fluorescent protein (RFP)-GFP dual-cistronic reporter system<sup>17,54</sup> and circular

vector-based luciferase reporter system,<sup>53,58,59</sup> can be used to test the putative IRES activity in circRNAs. To examine the activity of m<sup>6</sup>A motifs, Yang et al designed a circRNA minigene reporter system that contains a single exon encoding two GFP fragments in a reversed order.<sup>19</sup> The schematic structure of the above-mentioned vector-mediated reporter systems was displayed in Figure S1.

Western blot (WB) and mass spectrometry (MS) have been broadly employed to detect and identify putative peptides/proteins encoded by circRNAs. Detecting the protein products of circRNA translation generally requires WB with specifically prepared antibodies, such as those designed against unique amino acid sequences<sup>54,59,60</sup> or common amino acid sequences encoded by circRNAs.<sup>50,65,69</sup> MS can be used to analyze and identify the amino acid sequence of translated products.

CRISPR/Cas9-mediated gene-editing technology can be used to knock an epitope tag into the predicted ORF of endogenous circRNAs. WB identifies specific bands at the expected molecular weight, indicating the endogenous circRNA was translated. RNA immunoprecipitation and RNA pull-down followed by MS can be performed to verify the interaction of circRNAs with ITAFs or m<sup>6</sup>A readers to predict whether circRNAs are being translated.

### Methods for studying the function of circRNA-encoded proteins

The biological functions of circRNA-encoded protein can be investigated by overexpressing the selected protein. A circRNA expression vector could overexpress circRNA-encoded proteins or a vector carrying the same ORF present in the circRNA but with a linear conformation.<sup>53,55,64</sup> However, this approach may lead to the robust overexpression of the artificially constructed protein. To avoid this, Li et al established an inducible SK-Hep-1 cell line expressing circARHGAP35 protein by stably transfecting a Tet-On lentiviral expression vector in which circARHGAP35 ORF sequence was inserted.<sup>49</sup> Therefore, a low level of circARHGAP35 protein can be induced to assess its functions.

Another key avenue to investigate the biological function of circRNA-encoded protein is a loss-of-function study by RNA interference. CircRNA knockdown through siRNAs specifically targeting the back-splice junction sequence has been widely used to reduce the expression of its encoded proteins.<sup>60,61,71</sup> However, when transfected into cells, siRNAs merely downregulate the targets transiently, and their function relies on high transfection efficiency. The more stable knockdown method uses lentivirus vectors expressing short hairpin RNAs.<sup>53,58</sup> Stable circRNA knockdown cell lines can further be obtained by lentiviral infection. The CRISPR-Cas13 RNA targeting system can also be used for circRNA knockdown.<sup>107,108</sup>

For mechanistic studies, RNA-seq and co-immunoprecipitation (co-IP) analysis are generally carried out to identify the possible signaling pathways by which circRNA-encoded protein exerted its functions.<sup>55,59,64</sup> For example, in the study by Zheng et al, RNA-seq was employed to identify the critical signaling pathway regulated by circPPP1R12A-73aa.<sup>55</sup> The co-IP assay is a method of investigating putative protein-interacting partners by

employing a highly specific antibody against the protein of interest, followed by confirmation by MS. Co-IP/MS has been conducted by many researchers to explore the potential regulatory mechanisms influenced by circRNA-encoded proteins.<sup>50,54,60,65</sup>

### Conclusions and future perspective

Recently, an accumulating number of studies have reported that circRNAs can encode proteins or peptides to participate in the physiology and pathology of human diseases. Despite being early, some circRNAs have been confirmed to achieve protein translation through cap-independent translation mechanisms, including IRES- or m<sup>6</sup>A-mediated pathways and rolling translation mechanisms. Translatable circRNAs and their encoded proteins have also been demonstrated to exert their biological functions in human diseases through diverse functional proteins or signaling pathways directly or indirectly. Furthermore, the studies described in this review suggest that some translatable circRNAs or their encoded proteins may be used as specific biomarkers or therapeutic targets for human cancers.

Although translatable circRNAs and their encoded proteins have wide application prospects in human diseases, many important issues still need to be addressed in depth. For example, the refined mechanism of natural circRNA translation in eukaryotic cells remains largely unknown. The dysregulation of translatable circRNAs and their encoded proteins is involved in various biological processes of human diseases such as cancer, but the underlying mechanisms have not been fully elucidated. Several translatable circRNAs and the resultant proteins show considerable potential for serving as biomarkers or therapeutic targets in human cancers (Table 2). Nevertheless, whether they can be used in clinical practice has not been established. Moreover, the poor stability, short half-life, and resulting low abundance also significantly limit the clinical application of circRNA-encoded proteins. Therefore, more sensitive approaches are required to detect their expression levels. In addition, it must be confirmed whether functional peptides/small proteins encoded by circRNAs can be developed as new small-molecule peptide drugs to treat current refractory diseases and others. Therefore, more future studies to solve these issues are crucial for the clinical and scientific application of translatable circRNAs and their encoded proteins.

### Author contributions

H.L. and C.Z. conceived this manuscript. H.L., W.H., J.Y., and X.W. collected and prepared the related references, drafted the manuscript, and performed data analysis and tabulation. W.H., J.Y., and Y.Z. drew figures. H.L., Y.Z., and C.Z. supervised and revised the manuscript. All authors read and approved the final manuscript.

### Conflict of interests

The authors declare no conflict of interests.

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## Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.gendis.2022.10.015>.

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